

Appointment information for Dr. Compart

An initial developmental pediatrics evaluation is done in 3 separate appointments, as outlined below.

First appointment: This appointment is done with the parents only. The appointment lasts approximately 1 ½ hours. A comprehensive detailed history is taken addressing birth history, past and current medical issues, diet and nutrition, current and past medications and/or supplements, developmental milestones, behavioral symptoms, education and therapies, and family history. (Please see the developmental history form in the “Forms” section on the Administrative page of the website.)

Second appointment: This appointment is done with the child and lasts 1 hour. A detailed general physical examination and neurological examination is done, including attention to nutritional clues (in skin, hair, nails, etc.) Behavioral/developmental observation and interaction and, as appropriate, developmental or behavioral testing, are also done.

Third appointment: This is done with parents only and lasts approximately 1 ½ to 2 hours. This involves an in-depth discussion of the child’s diagnoses and treatment recommendations. Both traditional medical and functional medicine (e.g., diet, nutrition, supplements) are discussed. Recommendations may include laboratory testing, additional therapy or educational supports, dietary changes, nutritional supplements or medications. An initial treatment plan is formulated.

Lab testing:

If laboratory testing is done, a follow-up appointment will need to be scheduled when test results are available. Depending on the number and complexity of tests done, this appointment generally lasts 30-60 minutes. Lab results and revisions/updates to the treatment plan are discussed. The cost of this appointment is prorated based on Dr. Compart’s hourly rate.

Labs may or may not be covered by your insurance plan. Blood testing done at traditional labs such as Quest Diagnostics or LabCorp is generally covered. Coverage for functional medicine tests varies depending on the insurance plan.

Prior to your first appointment, please check with your insurance company to determine which local lab is covered by your insurance company. In addition, please ask whether your reimbursement rate is different depending on whether an in-network physician or out of plan physician orders the tests.

Dr. Compart does not participate with any insurance plans, Tricare or Medicaid. If reimbursement is better for labs ordered by an in-network physician, labs can be ordered through your primary care physician if he/she is willing to order the recommended labs.

Other labs done at specialty labs (such as Genova Diagnostics) may not be covered by your insurance. Please feel free to discuss this at your initial appointment. Dr. Compart researches

different labs on an ongoing basis to determine the most accurate and cost-effective options for testing.

Follow-up office appointments:

The frequency of these appointments varies depending on your child's diagnoses and treatment plan. Follow-up appointments generally occur every 4 months. Follow-up appointments generally last 1 to 1 ½ hours, depending on the reason for the follow-up and the complexity of the issues. Follow-up appointment charges are prorated based on Dr. Compart's hourly rate.

Costs:

Initial appointments: \$400 per appointment for a total of \$1200 for the 3 appointments.

Follow-up lab appointment: Prorated at Dr. Compart's hourly rate. The appointment is generally 1 hour to 1 hour 15 minutes, depending on the complexity of the labs and other issues requiring follow-up discussion.

Subsequent follow-up appointments: These appointments range from 1 to 1 ½ hours. The cost is prorated based on Dr. Compart's hourly rate.

Dr. Compart's hourly rate is \$300 per hour.